

“Your Prayers Will Change You”

Psalm 13:1-6

Tuesday Bible Lunch

January 30, 2018

Introduction: Last Tuesday I talked to you about the value of prayer using James 5:16.

“The effective, fervent prayer of a righteous man avails much” (James 5:16—NKJV).

“The prayer of a righteous person is powerful and effective” (James 5:16—NIV).

This is an implicit reference to intercessory prayer for healing, but is not limited to healing. An example is the prayer Moses prayed in Numbers 11:1.

- In Numbers chapters 1-10, God’s people were obedient.
- In Numbers 11:1, a major change takes place.
- An obedient people became a complaining and rebellious people.
- God plagued His people as He had Pharaoh and the Egyptians.
- Moses prayed and the fire was quenched (11:1-2).

T.S. Prayer not only results in healing (James Scripture) and protection (Numbers 11:1-3), but prayer also changes us.

Text: Psalm 13

1. The desire or need for patience is nothing new (Psalm 13:1-2)

- Fleeing because of what David feared would happen to him was not his struggle—pursued by the enemy (perhaps Saul).

- Patience was David's struggle.
- Four "how long's" in 13:1-2.

Application: For us the "enemy" may be failing health, loneliness, disappointment, whatever. Our struggle—when will God "show-up" and do something. That is our struggle.

Illustration: David's life was a question mark. Each thing David said in verses 1-2 is a question.

Application: Sometimes that is how life seems. Our struggle in these times is wondering when God will "show-up" and do something.

2. The solution when we are in a Psalm 13:1-2 time is prayer (13:3-4).

3. Prayer changes us from the "pit" to praise (13:5-6).

Conclusion: There will be some "How Long" times in life—times you ask yourself when will God "show-up" and do something. You have three choices:

1. Listen to the Word of God. Open your Bible.
2. Listen to the world.
3. Listen to the devil.